

Recruiting for Peer Wellness Coaches



Do you have a demonstrated interest in the topics of wellbeing, emotional intelligence, coaching, peer mentorship, and psychology? Are you passionate about helping your peers? Consider becoming a Peer Wellness Coach.

This is a paid opportunity for both graduate and undergraduate students (second year, third year, and fourth year). Check out our job description by clicking the link in our bio!

Benefits of becoming a Wellness Coach

- You will learn useful coaching skills that may benefit your personal life and future career
- You will have plenty of opportunities to experience the “magic” of coaching
- You will be part of a close and caring coach community
- Best of all, you will promote your peers’ wellbeing and be part of the solution!

Applications are being accepted on a rolling basis. Please submit a resume, cover letter, and class schedule to Dr. Zihui Lu, the Wellness Coaching Manager (luzihui@upenn.edu) by September 20, 2023.

Eligibility and Application

All currently enrolled students that attend Penn in person are eligible to become a Peer Wellness Coach.

Applications are being accepted on a rolling basis. Please submit a resume and cover letter to Dr. Zihui Lu, the Wellness Coaching Manager (luzihui@upenn.edu) by September 20, 2023. Scan the QR code below for the application.

Wellness at Penn will launch its Peer Wellness Coaching program in Spring, 2024.

